



## Kinesiology and Neuro-Training

Discover our range of certificates, courses and qualifications

Offering:

A government recognised Diploma of Kinesiology HLT52415

OR

Beginner or classes small certificates in Neuro-Training  
(Industry recognised, but not government accredited)

Flexible study

Practitioner courses

Specialise in your second year

Study and build your Diploma of Neuro-Training

Study the latest research in neuroscience and natural therapies

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## Studying with Us

The College of Neuro-Training is a vocational training organisation committed to providing high quality professional vocational and personal study training designed to inspire passion in the quest for knowledge and understanding. We offer personal study and also professional study courses.

Our courses provide in-depth training in the skills and the artistry required to become a respected practitioner in the field of Kinesiology or Neuro-Training.

The College of Neuro-Training delivers advances in neuro-science research and integrates this with alternative modalities including Kinesiology for an enhanced, comprehensive learning experience. Some study is in class, other study is completed as self-study at home.

The Solution Oriented Kinesiology process, unique to Neuro-Training, integrates all skills and knowledge of the professional Kinesiologist into a unique client oriented model that allows the client to follow their own recuperation path.

## Benefits

- ✚ Study either a nationally recognised Diploma of kinesiology HLT52415 or smaller industry recognised certificates in Neuro-Training (not government accredited but industry accredited)
- ✚ Flexible study options – classes, self-study, open learning systems and videos of classes are optional.
- ✚ Easily integrate previous Kinesiology studies and other natural therapy training using and integrative solution focused model
- ✚ A national network of highly qualified Authorised Trainers who have considerable vocational experience and are passionate about Kinesiology and Neuro-Training.
- ✚ Smaller class sizes that ensure personalised attention in a friendly relaxed environment.
- ✚ Experience the benefits of 'earn as you are learn' through our Neuro-Training recuperation clinics. (Available in most campuses).
- ✚ Offering smaller and more specialized certificates in Neuro-Training for those wishing to explore other options before they commit to a larger qualification.
- ✚ Learn from a model that has been developed from over 30 years of Kinesiology experience.
- ✚ The Kinesiology Diploma offers Majors in:
  - ✚ *Release Stress and Trauma Kinesiology Major*
  - ✚ *Genetic Patterns Kinesiology Major*
  - ✚ *Health and Recovery Kinesiology Major*
  - ✚ *Universal Pillars and Principles Kinesiology Major*
  - ✚ *Human Empowerment Kinesiology Major*
  - ✚ *Women's Health Kinesiology Major*
  - ✚ *Neurology Kinesiology Major*

## What is Kinesiology?

### Kinesiology

'Kinesiology', technically, is the study of the movement of muscles. It was first recognized and used by Physiotherapists to later be used by Chiropractors.

Later with the use of Applied Kinesiology, Chiropractor George Goodheart used the term "Applied" to differentiate between the Physiotherapy type of kinesiology and what he did in Chiropractic Kinesiology. Kinesiology is used to verify how well you can adapt to a particular stress or challenge.

One definition that best suits as a description is:

"Kinesiology is a verification tool used to give feedback from your nervous system. The feedback is subconscious. It is not a conscious response. It involves the use of 'Muscle Monitoring or checking' as a verification tool".

Kinesiology is an evaluation tool, not a technique. Kinesiology is not a psychic phenomena, it is neither psychic healing nor mind reading, contrary to some peoples' belief.

Kinesiology incorporates the use of many and varied natural therapy techniques such as the body reflexes, chinese acupressure points and emotional stress release points.



The term "Kinesiology" has become the layman term for the use of a change of muscle response to verify the response within a person to a particular challenge. Kinesiology verifies what is going on within you and your subconscious and is used to find out what you need to get better. It doesn't actually do the healing (a common misbelief) a person does that for themselves when they are in balance.

The results of a Kinesiology session are only as good as the references being used and applied; this is why we also incorporate the principles of Neuro-Training.



## Study Options

### For Professional Qualifications

#### ***The Diploma of Kinesiology (HLT52415)***

Includes the thirteen core and six elective units which make up the Diploma of Kinesiology. This is a Nationally Recognised Qualification and is also recognised by the industry peak body, the AIK (Australian Institute of Kinesiologists).

### For Personal Interest (Non-Assessed)

We welcome students to join our Neuro-Training modules/classes without undertaking any formal assessments. You can enrol by the module only. You don't have to sign up for a big qualification. You can change your mind later too. Study the one-day Activation classes or the Activation Certificates, (four or more days) without having to enrol in a large course. This is where most people start.

These will give you the insights, the understanding, the philosophy, and many valuable skills that you can use for yourself and your family. This option does not provide any qualification although you can convert your training to the Professional Qualification path at any time,

Contact your campus trainer for more information on your personal study plan or keep reading this course guide.

### For Personal Interest or Kinesiology Practitioner Skill Enhancement

We also welcome Kinesiology students who only want to participate in one class or module, for example, to obtain their Continuing Professional Education (CPE) points, or to see if Kinesiology is the right thing for them. You can choose to continue on further courses if you wish, which can then enable completion of the Diploma of neuro-Training requirements.

For CPE points and the Australian Kinesiology standards you are required to successfully complete an in course (class) assessment.

Refer to the following page/s for module and certificate pathways.

### The Diploma of Neuro-Training Practitioner status

Industry accredited with the AIK, covers all modules including the class assessments and workbook assignments.

Students who already have a Certificate in Solution Oriented Neuro-Training have the opportunity to add additional skills and study a major in the field of Neuro-Training to further enhance their current natural therapy business.

## Diploma of Kinesiology HLT52415



**Description:** The Diploma of Kinesiology (HLT52415) is the entry path to Kinesiology studies. The Kinesiology Diploma is a nationally recognised qualification that provides professional, practical and technical skills to establish a Kinesiology practice. It is also recognized with industry accreditation by the Australian Institute of Kinesiologists (AIK).

The College of Neuro-Training offers some exciting changes with more flexibility of study, more choices and some new and exciting electives.

The new Kinesiology Diploma qualification offered by the College of Neuro-Training provides competencies in a Kinesiology practice. Practitioners at this level are expected to have advanced skills in this specialized area. They may be self-employed as independent practitioners, work within a larger alternative health service or be involved in undertaking research activities.

The College of Neuro-Training delivers the latest research and developments in the Kinesiology industry including skills and techniques in the psychological, emotional, physical, biochemical, nutritional and energetic contexts. Details on each class is outlined further in the course guide. Training also incorporates the latest studies in the field of Human Behaviour

**Pre-requisite:** The HLT52415 Diploma is now the entry point to formal Kinesiology Qualifications.

**Duration:** This qualification is conducted over 2-3 years through face to face classes and home study assignments.

**Outcome:** Kinesiologist.



## Diploma of Kinesiology HLT52415 requirements and fees:

- Kinesiology Introduction Module
- Kinesiology Module 1
- Kinesiology Module 2
- Kinesiology Module 3
- Kinesiology Module 4
- Kinesiology Module 5
- Anatomy and Physiology
- Kinesiology Client Clinic 1
- Kinesiology Client Clinic 2
- Kinesiology Client Clinic 3
- Kinesiology Nutrition
- 3 Kinesiology Major Modules
- Nutritional Theory
- Practice Management 1
- Practice Management 2
- Practice Management 3
- Practice Management 4

First Aid (External only)

+ Cost of AP Text \$90-\$110 TBC

+ Provide First Aid HLTAID003 external to College of NT at your own cost

+ Practicums offered by each campus may incur an additional fee of \$20-\$30

Class hours and clinic	915
Case Studies + Practicum	316
Workbook Self-Study:	462
<b>Total Hours:</b>	<b>1693</b>

### Course Commitment

Kinesiology Activation	\$1030
Kinesiology Module 1	\$1225
Kinesiology Module 2	\$1225
Kinesiology Module 3	\$1225
Kinesiology Module 4	\$1225
Kinesiology Module 5	\$1225
Anatomy & Physiology	\$1225
Kinesiology Clinic 1	\$445
Kinesiology Clinic 2	\$1225
Kinesiology Clinic 3	\$445
Nutritional Alternatives	\$1225
Nutritional Theory	\$495
Kinesiology Major 1 of 3	\$1030
Kinesiology Major 2 of 3	\$1030
Kinesiology Major 3 of 3	\$1030
Prac Mgt 1	\$760
Prac Mgt 2	\$760
Prac mgt 3	\$760
Prac Mgt 4	\$760

**Total Fees:** **\$18,345**

## Diploma of Kinesiology HLT52415 Module Descriptions

### KINESIOLOGY INTRODUCTION MODULE

The Kinesiology Module Activation are ways to stimulate the systems that govern how you recuperate and stay well. Because there are many systems in our bodies, we cover a range of the most important systems. All Activation materials are easy to learn and have been proven over decades of use. They can be taken in any order and need no prerequisite training.

#### Kinesiology Introduction One

This Activation class uses a set of lymphatic reflexes discovered by Dr. Chapman.

##### **The Benefits:**

- Move and stimulate the flow of lymph in specific areas of the body used in many other modalities such as Chiropractic, Kinesiology, Osteopathy and others.
- Increase your detox capacity and move unwanted toxins and excess lymph.
- Learn the reflex points in an order that stimulates the circulation system of the lymph and energy to remove the blocked drainage system in your entire body,
- Allow your tissues to recuperate faster and more efficiently.
- Connect your lymph system back to your nervous system so that it can work the way it should be.
- Cover some components of anatomy and physiology systems knowledge.

#### Kinesiology Introduction Two

Based on blood supply reflexes found by Dr. Terrence Bennett to stimulate smooth blood flow.

##### **The Benefits:**

- Stimulate the flow of arterial blood to different specific parts of the body.
- Increase vitality
- With the increased blood flow comes more nutrients for the organs and glands to recuperate with.
- Set out in an easy to use format, this system creates a relaxed and secure feeling in the person, which allows for faster recuperation.
- Cover some components of anatomy and physiology systems knowledge.

#### Kinesiology Introduction Three

Learn the ancient Chinese knowledge of energy pathways known as 'meridians' and the importance of the direction of flow within the meridian energy.

##### **The Benefits:**

- Stimulate the flow of energy around and through your body.
- Discover some remarkable sensations as to where you are 'stopping' the flow.
- Encouraging the energy to flow and speed recuperation to a point where you can adapt to change easier and more efficiently.
- Feel the strengthening effect after a small time of practicing the stimulation of this system.
- Become physically stronger, yet more relaxed.
- Cover some components of Meridian systems knowledge.

#### Kinesiology Introduction Four

Three out of these four activation classes cover more physical and energetic reflexes. Life Insight deals with the perceptions we entertain that cause conflict in our thought patterns.

##### **The Benefits:**

- Deal with the misperceptions that cause conflict in your thinking and gain new perceptions.
- Retrain your emotional intelligence and feel calmer.
- Connect the brain's basic functions to integrate with your thoughts and emotional responses.
- Stimulate the nine intelligences, become more resourceful when challenged.
- Learn new ways of working to overcome stress reactions.
- Gently release many unexpressed and trapped emotions as a part of the brain's reorganization.
- Feel fresher and think clearer about things that used to trouble you. For this reason, this is one of the most favourite introduction classes.

**Commitment:**

| Class Hours: 32

| Self Study: 10

| Total hours: 42

| Fee: \$1030

**KINESIOLOGY DIPLOMA MODULE 1**

In this module you will discover:

- A comprehensive understanding of the basics in Kinesiology, (muscle checking)
- What an indicator muscle response is
- What Kinesiology is and what it is not
- Genetic References and their application to muscle circuits and proprioception
- Neurological defence patterns as 'pre checks' for over facilitated and under facilitated muscles
- The Philosophy and Principles of Kinesiology and Neuro-Training
- Muscles and their neuro-lymphatic and neuro-vascular points
- The integration of Energy Lift, Clear Energy, Life Insight and Connecting the Flow Activations.
- Adaption, the nature of our defence patterns and how we become caught in 'defence'
- What a cybernetic loop does and its significance in muscle checking
- How to identify suppression
- How to begin building a Kinesiology session using the Solution Oriented Neuro-Training Procedure
- Working factors and the Solution Orientated options
- The importance of Context when using Kinesiology
- The Model of Universal Principles, its application with Kinesiology and other complementary therapies
- Solution Orientation as a session focus and preparing self and client for muscle checking
- Glandular System as a context
- Infusion of Positives for Long Term Recuperation
- The significance of Recuperation and types of imbalances addressed through Kinesiology
- The significance of Pain as a context
- Motivation and the Motivational Barometer
- How to work with suppressed emotions
- Establish foundations of Kinesiology practice
- Represent the Kinesiology framework
- Determine requirements for sustainable Kinesiology practice
- Develop an approach to your own practice

This module introduces the world of our nervous system and our subconscious. By the end of the 5 days, you will have gained an understanding of the philosophy and the basic skills necessary for the Kinesiology and Neuro-Training practitioner and part of units HLTKIN001, HLTKIN002 and HLTKIN003

**Delivery:** 5 days, 9am - 5pm.

**Schedule:** As per campus

**Assessment:** In-Course Assessments & Assignments.

In-Course Assessments: Consist of practical demonstrations (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions).

Assignments: Self-directed assessments that consist of written essay-style assignments and due within 4 weeks of module completion.

<b>Commitment:</b>	<b>Class Hours:</b> 40	<b>Self Study:</b> 10	<b>Total hours:</b> 50	<b>Fee:</b> \$1225
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**KINESIOLOGY DIPLOMA MODULE 2**

**Pre-requisite:** KINESIOLOGY MODULE 1

**In this module you will cover:**

- Cheirology (Hand analysis) and its meaning
- How to clear away the restrictive inherited patterns that influence your behaviours
- Using Cheirology as a reference, to clear specific subconscious emotional and mental stress patterns
- Skills to remove specific psychological defences that otherwise keep other imbalances inaccessible
- Developing your personal awareness and self-reliance

**Some of the skills in this module are:**

- Defusing major brain functions so that you may bring these into full operation
- Dealing with the fear process and how to reframe fear to courage and intelligence
- Re-organising your time line to sort your future perceptions
- Discovering more about yourself through left hand / right hand writing and drawing exercises
- Defusing your learned helplessness and psychological defence behaviours
- Addressing hidden patterns in others that will not normally show through muscle checking
- How to use your defused Brain Functions and time line as resources
- How to live using your resources rather than your limitations
- Integrating the new information with the use of the Solution Oriented Procedure

Kinesiology Module 2 is very much a personal and focused experience. It is not until you deal with your own conscious and subconscious blockages that you can discover and then assist others to overcome theirs and part of units HLTKIN001, HLTKIN002, HLTKIN003 and CHCPR003

**Delivery:** 5 days, 9am - 5pm.

**Schedule:** As per campus

**Assessment:** In-Course Assessments & Assignments.

In-Course Assessments: Consist of practical demonstration (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions).

Assignments: Self-directed that consist of written essay-style to be submitted within 4 weeks of module completion.

<b>Commitment:</b>	Class Hours: 40	Self Study: 10 Case Studies 5	Total hours: 50	Fee: \$1225
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**KINESIOLOGY DIPLOMA MODULE 3**Pre-requisite: **KINESIOLOGY MODULE 1****In this module you will cover**

- Preparation for self and client for kinesiology
- Determining the scope of client's needs through clarification of client's expectations
- Developing Treatment Plans and confirming treatment plan with the client
- Establishing the indicator muscle and specific muscle response and using this for assessment
- Ways to educate a client's awareness of indicator and specific muscle responses
- Knowledge of the neurological perspective on the roles of conscious and subconscious aspects of muscle checking
- The processes of recuperation and regeneration
- Working within the Universal Laws of Recuperation
- How to recognize when symptoms are a problem or a recuperation process
- Accident and physical trauma and its impact on the neurology and blood chemistry
- How time influences our ability to be well and how to use kinesiology to assess this
- Skills to check for nutritional and energetic influences for excesses, deficiencies, or ratio conflicts
- 16 different muscle/meridian/organ circuits and 4 different phases of muscle checking
- The Principles of Recuperation and the Model of Universal Principles
- Line of Recuperation
- Universal Laws of Healing and Recuperation
- A deeper study of Suppression and its consequences - All types, how to find it, how to deal with it
- Gamma One and Gamma Two type Muscle checking as well as Specific Muscle Response.
- Available Energy and Unavailable Energy for Healing and Recuperation
- The Stages of Regeneration and Degeneration
- Combining any other information you have such as Naturopathy, Homoeopathy, Herbal, other bodywork, Acupuncture or wellness studies

Students have the opportunity to learn techniques from 30 years of research and development in muscles, the circuits, our neurology and how we function as innate beings.

**Delivery:** 5 days, 9am – 5pm.

**Schedule:** As per campus

**Assessment:** In-Course Assessments & Assignments.

In-Course Assessments: Consist of practical demonstrations (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions). Assignments: Self-directed assessments that consist of written essay-style assignments that are submitted within 4 weeks of module completion. *Pre reading for Kinesiology Client Clinic 1:* including codes of conduct, duty of care, informed consent, factors that affect individual health status, client information required for assessment around presenting condition, health history and nutrition factors.

*Module 1, 2, and 3 cover the knowledge and part of assessments for core units*

*HLTKIN001      Develop kinesiology practice*

*HLTKIN002      Conduct indicator muscle monitoring*

*HLTKIN003      Perform Kinesiology Balances*

<b>Commitment:</b>	Class Hours: 40	Self Study: 20 Case Studies 10	Total hours: 60	Fee: \$1225
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**KINESIOLOGY DIPLOMA MODULE 4****Pre-requisite:** MODULE 1-3**In this module you will cover:**

- Many ways of expressing our intelligence. Throughout this module we work with the nine forms of intelligence in a very congruent and empowering way
- Many skills for changing patterns to enhance the expression of the nine intelligences
- Hierarchy of Muscles, what is more important to the neurology for recuperation and more on the laws of recuperation
- \* Muscles of the neck, head, eyes and TMJ. Muscles of the neck, shoulder, arm, trunk, hip and upper leg, lower leg and foot
- Hypertonicity; a form of stretch release for muscles and their fibres, a significant structural resetting procedure
- More reflexes that gain further access to retraining and strengthening the neurological connections.
- Muscles that may become reactive to each other, creating pain and immobility.
- Reactor muscles that determines a group of muscle inhibition.
- More on muscles and nerve circuits
- Seasonal disorders held within the Tendino-Muscular Meridians
- The Cerebellum and Atlas
- Specific muscle reactivating techniques: Passive Reset, Muscle Spindle Cell and Golgi Tendon Integration, Simultaneous Testing, Contingent Monitoring, Strain Counter Strain, Repeated Muscle Activation, Stretch Response, Extension Reflex
- Muscle vertebrae connection through the spinal segments, and the Stress Receptors of the head and hand reflexes

Bringing your body circuits out of habitual fear and into intelligence. This module contains a very important aspect of enabling the Kinesiology practitioner to identify the muscle circuitry more specifically, to break up the body habits effectively. When we don't use our intelligence, fears and habits become locked into our physical body and run our lives.

**Delivery:** 5 days, 9 - 5pm**Schedule:** As per campus**Assessment:** In-Course Assessments & Case Studies.

In-Course Assessments: Consist of practical demonstration (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions).

Modules 4 (and 5) also covers parts of Kinesiology core units HLTKIN003, HLTKIN004, HLTKIN005

- Assignments: Workbook assignments and Self-directed pre-reading in preparation for Module 5.
- Case Studies: Prepared for and managed full balances for at least 40 different people, 10 of whom must be seen at least 3 times. Clients must include males and females from different stages of life with varied presentations. Due date 8 weeks after completion of Module 5.

<b>Commitment:</b>	<b>Class Hours: 40</b>	<b>Self Study 10 Case Studies: 20</b>	<b>Total hours: 50</b>	<b>Fee: \$1225</b>
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**KINESIOLOGY DIPLOMA MODULE 5: Integration**

**Pre-requisites:** Modules 1 - 4

**In this module you will cover:**

Understanding new information and acquiring new skills becomes a powerful combination when applied with artistry. The Integration module not only integrates the information learned throughout the Solution Oriented Neuro-Training procedure, it also challenges and balances your ability to integrate within yourself and as a practitioner within a clinic setting.

**Some of the skills learned in this module are**

- Meridian science, a study of Chinese theory, causes of disease such as damp, heat, cold or trapped wind, the Chinese emotions and ill health
- Dichotomy and its effects on life
- Chakras, acute and genetic references and their connection to the nervous system.
- Unfinished business and the stress that this causes
- Acquired behaviours, our bad habits and how to clear them
- A number of other contextual references are also covered including:
  - Psychological Strategies
  - Relationship Consequences, that is, the consequence of having a relationship with anyone.
  - Assumptions and the many that we make
  - Our power of Influence as practitioners
  - Dichotomy
  - Heuristics and
  - Integration and what will challenge it
- The nine Essences of Change
- The Organ Viscera and their significance
- Cranial activity and resetting
- Genetic references and chromosome cards

In this module we synthesize the artistry of the practitioner, consolidating the application of the work into a client driven, solution focused clinic. You are now applying your skills to train a person's neurological activity to respond in an intelligent way rather than operating from ancestral or created habits as an independent practitioner.

**Delivery:** 5 days, 9 - 5pm

**Schedule:** As per campus

**Assessment:** In-Course Assessments & Assignments.

In-Course Assessments: Consist of practical demonstration (observation working on members of the public), oral participation in group discussions and written assessments (true/false and short answer questions).

Assignments: Self-directed assessments and case studies from module 4 due for submission within 8 weeks of module completion. Module 5 also covers Kinesiology parts of core units: -HLTKIN004 provide kinesiology balances and HLTKIN005 monitor and evaluate client progress.

<b>Commitment:</b>	Class Hours: 40 (32 + 8 clinic hrs)	Self Study: 10 Case Studies: 20	Total hours: 50	Fee: \$1225
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**KINESIOLOGY DIPLOMA CLIENT CLINIC 1**

**Pre-requisite:** MODULES 1, 2, 3 and Kinesiology Activation Module

**In this module you will cover:**

- Working in a clinic setting, face to face, activating client's recuperation with four activation modules.

**Topics covered in the manual are:**

- Client management, legal and ethical considerations and how these are applied in practice.

Working in a Kinesiology clinic as an introduction to knowledge for core unit CHCCOM006 establish and manage client relationships

- The importance of client follow-up.
- Interviewing a client for Kinesiology and obtaining a history.
- An introduction to the client practitioner relationship.
- Putting the client at ease.
- Engendering self-responsibility for recuperation training.
- An introduction to the legal rights of clients and keeping client records
- Planning a Kinesiology session
- Preparing the client for the session
- Identifying and respecting client's boundaries in an activation session.
  - Managing a Kinesiology Clinic
  - Working with diverse people, appreciate diversity and inclusiveness and their benefits

*Clinic hours*

- Working in the Kinesiology student clinic
- Performing activation and recuperation sessions with clients
- Submit 10 Case Studies
- Submit Workbook Assignments for assessment of unit CHCDIV001 work with diverse people

**Delivery:** 1 day, 9 - 5pm and 1 day home study plus assignments and additional 10 case studies

**Schedule:** As per campus

**Assessment:** Assessments & Assignments.

In-Course Assessments: Consist of practical demonstration (observation), or working in a Kinesiology clinic and management of clients.

Assignments: Written assessments for unit CHCDIV001 work with diverse people and case studies.

Self-directed assessments and case studies which consist of reports, written essay-style assignments which are submitted within 4 weeks of module completion.

<b>Commitment:</b>	Class Hours: 8	Self Study: 32 Case Studies 10	Total hours: 40	Fee: \$445
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**KINESIOLOGY DIPLOMA CLIENT CLINIC 2**

**Pre-requisite:** MODULE 5

**In this module you will cover:**

- The power of theory and practice. In this module, we bring your Kinesiology skills together when working with a client.

**Topics covered are:**

- The management of the client and working through a session.
- Marketing your Kinesiology practice
- The importance of client follow-up
- Interviewing a new client
- The importance of obtaining a history
- The client practitioner relationship
- Putting the client at ease
- Determining the priority issue
- Engendering self-responsibility
- Dealing with people from different cultures, beliefs and languages

Recognising and respecting boundaries, identifying contraindications, and making referrals

- Identifying factors likely to have a negative impact on the client's experience
- Legal rights of clients and keeping Client Records
- Planning a Kinesiology Session
- Preparing the client for the session
- Informing the client of procedures and identifying expectations.
- Finding and respecting client's boundaries
- During this module you will also be working in the student clinic, performing sessions with clients
- Case Studies

**Delivery:** 5 days clinic, 9-5pm & one day home study plus assignments and 30 case studies.

**Schedule:** As per campus

**Assessment:** In-Course Assessments (Clinic), Assignments and Case Studies.

In-Course Assessments: Consist of practical demonstration (observation), individual oral participation in group discussions and written assessments (true/false and short answer questions).

Assignments: Self-directed assessments consisting of reports, written essay-style. Assignments are required to be submitted prior to commencement of clinic for core unit CHCCOM006 establish and manage client relationships- 35 nominal hours.

Case studies and clinic reports submitted two months after conclusion of module.

<b>Commitment:</b>	Clinic Hours: 40	Self Study: 50 Case Studies 30	Total hours: 90	Fee: \$1225
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**ANATOMY and PHYSIOLOGY HLTAAP003 Diploma of Kinesiology****Description Module Anatomy and Physiology**

- This subject covers the unit HLTAAP003 analyse and respond to client health information and HLTKIN004 kinesiology muscle component.
- How the body is organized from molecular level to systems level and includes anatomical and medical terminology.
- Learning about functions and organisation of the human body is an excellent general foundation in the field of natural therapies.
- The candidate must be able to demonstrate essential knowledge required to effectively complete the tasks outlined in the elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role.

Pre-requisite: Workbook None – Class Modules 1-4

AP workbook may be studied along-side Module 1-3. We highly recommend to commence A&P class after completion of Module 3 in your first year of studies

**Assessment Module A&Phys:** Completion of class participation – 32 hours and practical assessment of muscle checking positions for HLTKIN004 requirements. Workbook assignments consisting of short answer, essay and multiple choice questions - 60 hours.

<b>Commitment:132hrs Anatomy &amp; Physiology HLTAAP003 CLASS &amp; SELF STUDY</b>	Class Hours: 32 Plus attendance in (KIN Intro Module 16) (M3 16 hrs) (M4 8 hrs)=72	Self Study workbook only: 60 hours	Total hours: 132	Fee: \$1225
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**MODULE Anatomy and Physiology SELF STUDY ONLY: HLTAAP003**

- For those who opt for distant learning and do not attend the A&Phys class and or seek more AP hours. This subject covers the self study component of A&P, how the body is organized from molecular level to systems level and includes anatomical and medical terminology.
- Learning about functions and organisation of the human body is an excellent general foundation in the field of natural therapies.
- The candidate must be able to demonstrate essential knowledge required to effectively complete the tasks outlined in the elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role.

Pre-requisite: None

**Delivery:** Self paced 6 hours per week over 20 weeks. = 120 hours

**Assessment Module Self-Study only:** Completion of assignments, tasks, short answer and multiple choice questions.

<b>Commitment: SELF STUDY HLTAAP003</b>	Class Hours: 0	Self Study: 120	Total hours: 120	Fee: AP1 \$760 Fee: AP2 \$760
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**MODULE NUTRITIONAL THEORY for the DIPLOMA of Kinesiology****Description of unit:****HLTHPS010 interpret and use Information about nutrition and diet**

This unit describes the skills and knowledge required to interpret and use basic information about nutritional principles and healthy diet. It does not include the provision of therapeutic nutritional or dietary advice to individual clients or the recommendation of 'practitioner only' nutritional products. This unit applies to individuals working with clients within the limits of the *Australian Dietary Guidelines*. They make referrals to other health professionals or accredited practising dietitians when those limits are exceeded. This includes knowledge of:

Legal and ethical requirements in relation to the provision of nutritional and diet information to clients:

- roles, responsibilities & limitations of different people, conflicts of interest & ethical considerations
- source of information about nutrition and diet and ways to assess their credibility
- established evidence-based sources of information about nutrition and diet

Anatomy and physiology relating to diet, including:

- structure of the digestive system, role of metabolism

Digestive processes and activities, including:

- ingestion, mechanical digestion, propulsion, chemical digestion, absorption, defecation
- primary components of *Australian Dietary Guidelines*, including those for older Australians, children and adolescents

Foods and their key features as described in the *Australian Dietary Guidelines*, including diet related aspects of chronic disease:

- Diabetes, cardiovascular, obesity/eating disorders
- Basic principles and practices of nutrition and healthy diet, including nutrients, their function, recommended dietary intake (RDI), toxicity and their food sources
- Benefits of antioxidants, and food groups that provide good sources
- Influences on food choices for individuals/Health implications of food choices
- Food labelling and interpretation
- Role and implications of using food additives and preservatives
- Role of good nutrition in avoiding dietary diseases
- Effects of various processing and cooking methods and food storage on nutrients
- Commonly encountered food intolerances

Main types and characteristics of special diets that are part of contemporary Australian society:

- Diabetic, Coeliac/gluten free/low gluten, low cholesterol, low fat, sugar free, vegetarian, vegan
- diets specific to different cultures and religions

The meaning of:

- drug–food interactions
- food allergy, food intolerance
- alkaline and acidity charts
- indicators of need for referral to specialist advice

**Delivery:** 5 hours per week over 10 weeks **Assessment Module:** Weekly questions and assignments.

**Note:** This module is delivered via self-paced home study. While not mandatory we strongly recommend participation in the class module Nutrition- for a more comprehensive study on how to apply nutritional changes for long-term effects.

**Commence study of this workbook 1/2 way through the course.**

<b>Commitment:</b>	Class Hours: 0	Self Study: 60	Total hours: 60	Fee: \$495
<b>SELF STUDY HLTHPS010</b>				

## MAJOR MODULES for the DIPLOMA of Kinesiology

Choose a theme and study all three or one from each group (Three in total).

Release Stress and Trauma Kinesiology Majors 1,2 and 3 Modules  
 Genetic Patterns Kinesiology Majors 1,2 and 3 Modules  
 Health and Recovery Kinesiology Majors 1,2 and 3 Modules  
 Universal Pillars and Principles Kinesiology Majors 1,2 and 3 Modules  
 Human Empowerment Kinesiology Majors 1,2 and 3 Modules  
 Women's Health Kinesiology Majors 1,2 and 3 Modules  
 Neurology Kinesiology Majors 1,2 and 3 Modules. More information available on request.

## MODULE: Practice Management One for the Diploma of Kinesiology

### Description of units: HLTWHS004 manage work health and safety (Core Unit)

This unit describes the skills and knowledge required to establish, maintain and evaluate work health and safety (WHS) policies, procedures and programs in the work area, according to WHS legislative requirements. Including:

- Rights and responsibilities of conducting a business, duty of care, record-keeping and reporting
- Regulatory requirements relevant to industry and legislative requirements for consultation
- Due diligence and general duty requirements and keeping quality system documentation
- Hazardous manual tasks, identification and infection and risk control; incident and injury reporting
- Human resources policies and procedures, consultation and participation incident investigation
- Designated person/s, workplace support services, use of personal protective equipment and emergency procedures and the principles of hazard and risk management

### HLTINF004 manage the prevention and control of infection (Elective unit 1 of 6)

This unit describes the skills and knowledge required to develop, implement and monitor infection prevention and control systems and procedures in work contexts where health and personal care services are provided. This unit applies to people working in roles with managerial responsibilities for infection prevention and control in small to medium sized organisations. This unit covers:

Key features of infection prevention and control regulation and guidelines and compliance requirements:

- Australian standards, government guidelines, manufacturer documentation
- Principles and processes of planning

Systems and procedures needed to meet compliance and quality requirements for infection prevention and control:

- Work processes and precautions and hazard identification and risk control
- Monitoring and evaluation, reporting processes and hierarchies, and training requirements

Links between infection prevention and control systems including:

- Work health and safety, work organisation, human resource management
- For the specific work environment; ways the infections are spread, types of hazards and risks
- Sustainability considerations for development of infection prevention, control systems and procedures

**Delivery:** 10 hours per week over 9 weeks **Assessment Module:** Weekly questions and assignments.

**Note:** This module is delivered via self-paced at home distance study. Commence this after module 3.

<b>Commitment: SELF STUDY</b>	Class Hours: 8	Self Study: 90	Total hours: 90	Fee:\$760
<b>HLTWHS004 – 40 hours</b>	(M6 Clinic Assess)			
<b>HLTINF004 – 50 hours</b>				

**MODULE: Practice Management Two for the Diploma of Kinesiology****Description of units:****CHCCCS001 address the needs of people with chronic diseases**

This unit describes the skills and knowledge required to determine and address specific issues faced by people who have a chronic disease, in the context of contributing to a holistic approach to support.

This includes knowledge of:

Broad context for chronic disease:

World Health Organisation and other models of chronic disease management  
continuum of chronic disease

life variables that have an impact on health and well being

impacts of chronic disease:

social, emotional, physical, psychological, financial

Strategies to address and manage chronic disease in the relevant work context:

prevention, treatment types, principles and practice of client focused practice

maintenance of positive life roles

stages of change, to establish readiness for attitudinal and behavioural change

ways to communicate appropriately and effectively with a person with a chronic disease

roles and responsibilities of different people in chronic disease management and their contribution to coordinated service delivery

**CHCAGE001 facilitate the empowerment of older people**

This unit describes the skills and knowledge required to respond to the goals and aspirations of older people and provide support services in a manner that focuses on improving health outcomes and quality of life, using a person-centred approach.

This includes knowledge of:

structure and profile of the aged care sector:

residential aged care sector, home and community support sector

current best practice service models, relevant agencies and referral networks for support services

Issues facing older people, including:

stereotypical attitudes and myths, the impact of social devaluation on an individual's quality of life

Implications for work in the sector, including:

concepts of positive, active and healthy ageing

rights-based approaches, person-centred practice

consumer directed care, palliative approach, empowerment and disempowerment

re-ablement and effective re-ablement strategies

the ageing process and related physiological and psychological changes, including sexuality and gender issues

strategies that the older person may adopt to promote healthy lifestyle practices

legal and ethical considerations for working with older people, including:

codes of practice, discrimination, dignity of risk, duty of care, human rights

privacy, confidentiality and disclosure

work role boundaries – responsibilities and limitations, work health and safety

Indicators of abuse and/or neglect, including:

physical, sexual, psychological, financial, reporting requirements for suspected abuse situations

the impact of own attitudes on working with older people

**Recommended to commence in Year 2**

<b>Commitment: SELF STUDY</b>	<b>Class Hours: 0</b>	<b>Self Study: 100</b>	<b>Total hours: 100</b>	<b>Fee: \$760</b>
<b>CHCCCS001 nom 75 hours</b>				
<b>CHCAGE001 nom 50 hours</b>				

**MODULE 9: Practice Management Three for the Diploma of Kinesiology****Description of units:****CHCPRP003 reflect on and improve own professional practice (Core Unit)**

This unit requires you to evaluate and enhance your own practice through a process of reflection and ongoing professional development. It applies to workers in all industry sectors who take pro-active responsibility for their own professional development. This includes knowledge of:

Legal and ethical considerations for reviewing and improving own practice, including:

Codes of practice, Duty of care

Rights and responsibilities of workers and employers

Work role boundaries – responsibilities and limitations

Models and processes of professional reflection

Professional development opportunities, including:

Industry networking and professional associations, training requirements and options

Informal and formal ways of learning and developing

Principles and techniques for:

Creating a personal development plan personal goal setting, setting realistic timeframes

Measuring progress and performance, methods and practices to improve performance

Learning styles and how they relate to different individuals

**CHCLEG003 Manage Legal and Ethical Compliance (Core Unit)** This unit requires you to research information about compliance and ethical practice responsibilities, and then develop and monitor policies and procedures to meet those responsibilities. Including:

Legal responsibilities and liabilities of managers and others in different types of organisations

Legal and ethical frameworks and how these apply in the workplace.

The responsibilities of managers in the development and monitoring of policies and procedures, including those related to:

children in the workplace, informed consent, duty of care, dignity of risk

practitioner/client boundaries, privacy, confidentiality and disclosure, policy frameworks

codes of conduct, codes of practice, practice standards, records management

complaints management, continuing professional education

rights and responsibilities of workers, employers and clients, discrimination

*Universal Declaration of Human Rights*

relationship between human needs and human rights

frameworks, approaches and instruments used in the workplace

mandatory reporting

industrial relations legislation and requirements relevant to organisations

specific requirements in the area of work, including:

key practices that are prohibited by law, auditing and inspection regimes

statutory reporting requirements, consequences of non-compliance

licences and associated mandatory training and certification requirements

accreditation requirements, business insurances

requirements to develop & implement plans, policies, codes of conduct or incorporate workplace practices, WHS, work role boundaries, responsibilities & limitations of different people

sources of information and advice on compliance including:

government departments or regulatory agencies industry associations

plain English documentation that explains legislation

functions and operating procedures of regulatory authorities of particular relevance to the health and community service sectors

methods of receiving updated information on requirements, techniques for monitoring compliance

use of policies and procedures in managing compliance and ethical practice in both internal work practice and external service delivery

formats for policies and procedures and what they should include. **Commence in year 2**

**Commitment: SELF STUDY**

**CHCPRP003** – 120 hours nom

**CHCLEG003** – 80 hours nom

Class Hours: 58

Mod 3-40hrs

Mod 5-18hrs

Self Study: 112

Total hours: 180

Fee:\$760

**MODULE 9: Practice Management Four for the Diploma of Kinesiology****Description of units:****BSBSMB403 Market the small business (Elective unit 1 of 6)**

This unit describes the skills and knowledge required to monitor and improve business performance via a clear strategy complementing the business plan. It applies to individuals who operate a small business independently or within a larger organisation. Individuals in this role analyse and interpret market data and are proficient communicators.

This unit includes:

- Objectives of the business plan, including marketing activity focus
- Evaluating customer/client base
- Understanding what is ethically and culturally appropriate
- Determining a marketing mix according to market and business needs, including:
  - Ability to optimise sales and profit
  - Ability to evaluate costs and benefits
  - Determine customer needs and promotional activities
  - Determining marketing strategies, including briefing appropriate personnel on their responsibilities
  - Monitor and evaluate activities and performance, and correct performance gaps
  - Consulting and communicating effectively with relevant people
  - Researching and monitoring ongoing changes and improvements

**BSBSMB404 Undertake Small Business Planning (Elective unit 1 of 6)**

This unit describes the skills and knowledge required to research and develop an integrated business plan for achieving business goals and objectives. This unit includes:

- Outlining a planning processes
- Describe preparation of a business plan
- Identify principles of risk management relevant to business planning
- Explain reasons for, and benefits of, business planning
- Outline of setting goals and objectives
- Explain types of business planning – feasibility studies; strategic, operational, financial and marketing planning.
- Discuss commonwealth, state/territory and local government legislative requirements and industry codes of practice relating to small business planning
- Explain methods of evaluation
- Summarise WHS responsibilities and procedures for identifying hazards relevant to the business

**Commence in year 2**

<b>Commitment: SELF STUDY</b> <b>BSBSMS403</b> <b>BSBSMB404</b>	Class Hours: 0	Self Study: 100	Total hours: 100	Fee:\$760
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**DIPLOMA MODULE NUTRITION for the Diploma of Kinesiology**

**Description:** Nutritional Alternatives includes information relating to nutrient imbalances, bioavailability, supplementation, food, macro nutrients, vitamins, minerals, exogenous factors such as food additives, pollution, local food availability etc, dietary modification such as reduce/increase/include some foods or food groupings, and cultural factors such as religious restrictions and dietary choices

**Better neurological options and procedures in this module include:**

- Water and nutrition
- Toxicity - Poisons, heavy metals, anti-nutrients
- Hormone and vitamin antagonists
- Ratios/synergists
- Elimination patterns, Valves (Ileocecal Valve, Houston Valve)
- Allergies and their applications; acquired and inherited
- Nutritional Reflex Points
- Five Element Nutrition
- Amino Acids reference manual for Neuro-Trainers and Kinesiologists
- The 27 Tissue Salts (not just 12)
- Bacteria and Viruses
- Acid-Alkaline balance
- Blood Chemistry- a deeper view
- Enzymes and their biochemical functions
- Herbal reference manual for Neuro-Trainers and Kinesiologists

**Delivery:** 5 days, 9 - 5pm

**Schedule:** As per campus

**Assessment:** In-Course Assessment and Workbook Assignments for unit **SIRXPDK003** advise health and nutritional products and services.

**Diploma of Kinesiology HLT52415**

<b>Commitment:</b>	Class Hours: 40	Self Study: 18	Total hours: 58	Fee: \$1225.00
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**Personal Development only no assessments**

<b>Commitment:</b>	Class Hours: 40	Self Study: 0	Total hours: 32	Fee: \$975.00
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### KINESIOLOGY DIPLOMA CLIENT CLINIC 3

**Description:**

This clinic provides a supervised practical application of the techniques and better neurological options studied in the three modules that you majored in.

It gives the student an opportunity to work on “clients” and integrate the Kinesiology clinic experience.

This module will be scheduled after you have completed all of the class modules. The case studies and clinic workbook provides some of the government accredited units of study for Kinesiology.

You will be expected to compile your evidence and submit the final of your 150 case studies completed throughout the course for validation and marking. It will be expected that you would have submitted the majority of these throughout the course to your trainer for assessment and now submit the final papers.

**Delivery:** Final practical clinic.

**Assessment:** Final case study submissions due and Clinic assignments.



### Diploma of Kinesiology Final Clinic

<b>Commitment:</b>	Clinic Hours: 8	Self Study:25	Diploma Case Studies due for submission 150	Total hours: 33	Fee: \$445.00
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### First Aid HLTAID003 Provide First Aid

Part of the requirement for the Diploma of Kinesiology is completion of the common unit Provide First Aid. This unit is delivered and assessed through a number of national organisations such as St Johns Ambulance and Australian Red Cross.

Students will need to show evidence of completion of this unit as part of obtaining the Diploma of Kinesiology from College of Neuro-Training.

Fees for this unit have not been included in the overall costs quoted in this course guide.

### Application for Qualification

Once you have completed all class modules, workbooks, case studies and clinics for the Diploma of Kinesiology HLT52415, request an application for qualification from your trainer.

### Government Recognition

Government or national recognition is the basic principle of the national vocational training framework in Australia. This framework assures nationally consistent high quality vocational and education training and assessment services. It also defines the qualifications offered by Registered Training Organisations.

# Neuro-Training

Neuro-Training is a modality incorporating references and procedures that best complement our inherent strength and vitality. It is a new way of experiencing the integration of many modalities that have existed for decades or even centuries. The development of Neuro-Training has been motivated by the needs of thousands of clients demanding there be a better way to overcome their life challenges.

How we think and behave has become encapsulated by the study of Neuro-Science. A big part of Neuro-Training uses the advances in Neuro-Science as a primary reference in how it is used and developed. Neuro-Training 're-conditions', how you view your life experience. It also re-trains the patterns of how your subconscious thinks your life should be and allows you to move beyond your challenges.

Different applications of Neuro-Training encourage you and your Nervous System to function better generally. Some applications use specific checking processes, via Kinesiology, to find the best option for you to function better.

You will begin to gain clarity, maybe for the first time in years. Your emotional space will broaden and of course your physical health will improve. Neuro-Training is now an entity that can be utilized by people in all areas of life.

✚ Experience the opportunity to study advanced principles in:

- Naturopathic practices and iridology
- Homeopathy and Neuro-frequencies
- Traditional Chinese theory and practice
- Neuro-Astrology, (Western and Eastern Astrology)
- Cheirology- Hand analysis
- Facial Traits and their meanings
- Behavioural genetics and the latest in Neuro-Science
- The Universal Laws of how we heal and recuperate



✚ The Neuro-Training Diploma offers Majors in:

*'Human Excellence'*

*'Recuperation'*

*'Universal Energies'*

*'Women's Wellness'*

*'Behavioural Genetics'*

*'Resolving Stress and Trauma',*

*or a mix of Neuro-Training you may prefer to study yourself – "Adaptive Neurology"*

✚ Once enrolled, participate in practicums, experience networking with other students, and the opportunity of working from our student 'Kinesiology Clinic'\* (\*offered at specific campuses only).

✚ Training that is a mix of essential theory and practice with ample time for hands on application.

- ✚ Study and specialize in Neuro-Training certificates, then move on to Advanced Neuro-Training or other Neuro-Training Activations if you choose to study further. (Not government accredited).

## Unique to Neuro-Training

Along with the empirical knowledge of Kinesiology the College courses offer information that is unique to Neuro-Training.

- The Natural Universal Laws
- Acute, long term and chronic issues
- Physical, Mental, Emotional and Meridian defences that drive long term issues
- Integration of any other Kinesiology systems and protocols
- Procedures for dealing with short term, long term and inherited challenges
- Suppression and its effects
- Solution focus rather than problem focused
- A Solution Oriented Procedure
- Activation of your Innate Systems
- The Model of Universal Principles
- Recuperation for the client
- The importance of using a Contextual
- The importance of working for the client and not for the technique
- Nine phases of muscle checking
- The use of working factors to guide your session
- Better neurological options for the clients wellness
- Behavioural Genetics
- The Nine Intelligences
- The Nine Major Brain Functions
- Learned Helplessness
- Cheirology (Hand Analysis)
- Objective references versus subjective references
- Consequences check after using techniques
- Cause of symptoms versus symptoms are symptoms
- The effects of compensation
- A choice of Majors in your second and third year:

## Neuro-Training Study

The Neuro-Training Certificates are Industry recognised but are not Government recognised courses

All our smaller certificates lead to the Diploma of Neuro-Training.

Other Neuro-Training classes are available for students to join once module 3 is completed.

The Recuperation Certificate, the Solution Oriented Kinesiology (SOK) Certificate, the Solution Oriented Neuro-Training Certificate and the Diploma of Neuro-Training offer advances in Neuro-Science research integrating this with kinesiology in an enhanced and comprehensive training experience.

We also offer options to major in a speciality of your choice and the opportunity to earn as you learn. All Neuro-Training certificates are industry accredited with the Australian Institute of Kinesiologists Ltd (AIK).

The SOK Certificate (Study classes only up to module 5) is offered for personal study (No workbooks).

The Solution Oriented process, unique to Neuro-Training, integrates the skills and knowledge of the practitioner into an artistry of practical clinical application that allows the client to follow their own recuperation path.

## Activation Certificate

**Description:** This is our smallest certificate offered in Neuro-Training on the innate basics of NT. The information is also mapped into the Certificate and Diploma qualifications delivered by the College.

You are able to learn any one of, or all of the first four days to obtain the Activation Certificate without ever having to enrol into a formal qualification.

The Activation Certificate is Industry recognised but is not a Government recognised courses

In fact, there are many activation classes that lead to other activation certificates. This information is available on request.

**Duration:** The Activation Certificate is conducted over four days or spread throughout the other certificates depending on the trainer's timetable. Personal study does not require the workbook.

**Outcome:** Activation Certificate – Innate basics

**Modules:**

- Energy Lift
- Clear Energy
- Life Insight
- Freeing the Way.

### Total Activation Certificate

Class Hours:	32
Self Study Hours:	10
Total Hours:	42
Fee Class:	\$780
Fee Workbook:	\$250
Total Fee	\$1030

## The Certificate of Recuperation

**Description:** Absorbed into the Certificate of SONT and the Diploma of Neuro-Training.

**The Certificate of Recuperation enables you to earn as you learn.** Studying with the College of Neuro-Training qualifies you to use the title of 'Recuperation Consultant'. With this certificate, you may earn and manage a Recuperation Clinic under the guidance of a qualified Neuro-Trainer. The Certificate of Recuperation is an internationally recognised qualification within the industry of Neuro-Training.

Successful completion of the Activation Certificate (NT certificate), the first 3 modules (plus one-day clinic) including assessments, automatically qualifies the student for this Certificate.

If you go on to study more, the successful completion of the first 6 modules including assessments automatically qualifies the student for



the Certificate of Solution Oriented Neuro-Training (SONT Cert).

The Certificate of Recuperation can also be achieved as an independent study and is not a Government recognised course

**Recuperation Certificate Benefits:** While you are half way through obtaining your formal government qualifications you can begin to earn as you continue to learn.

**Duration:** The Certificate of Recuperation is conducted over 6-8 months and is part of the Certificate of SONT and Diploma courses.

**Outcome:** Recuperation Consultant under supervision

**Modules:**

- Activation Certificate (4 days)
- Art of Solution Oriented Neuro-Training (ASONT)(5 days)
- Blueprint One (5 days)
- Principles of Recuperation (5 days)
- Recuperation Clinic and assessment (1 day)

**Total Certificate of Recuperation Commitment**

Class Hours:	160
Self Study Hours:	82
Case Studies:	25
Clinic:	8
Total Hours:	267
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Total Fees class and workbooks:	<b>\$5150</b>

## Certificate of Solution Oriented Neuro-Training

**Description:** The Certificate of Solution Oriented Neuro-Training (SONT) is an internationally recognised qualification with industry accreditation by the Australian Institute of Kinesiologists (AIK) and builds on the Certificate of Recuperation.

Successful completion of the first 6 modules including workbooks and clinic assessments automatically qualifies the student for the Certificate of Solution Oriented Neuro-Training (SONT Certificate). Again, completion of this certificate also forms part of the Diploma of Neuro-Training Qualifications.

The SONT certificate can also be achieved as independent study and obtain independent practitioner status. It is not a Government recognised course.

**Duration:** This certificate is conducted over 12-18 months depending on the campus timetable.

**Outcome:** Recuperation Consultant. Seek Professional Insurance and Work Independently.

**Modules:**

- Activation Certificate (4 days)
- Art of Solution Oriented Neuro-Training
- Blueprint One
- Principles of Recuperation
- Recuperation Clinic and assessment (1 day) PLUS
- Innate Intelligence
- Integration
- Client Care Clinic

**Total Course Commitment SONT Certificate**

Class Hours:	232
Self Study Hours:	152
Case Studies:	95
Clinic:	56
Total Hours:	535
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Total Fees class and workbooks:	<b>\$8825</b>



## Diploma of Neuro-Training

**Description:** The new Diploma of Neuro-Training (DipNT) is an internationally recognised qualification with industry accreditation by the Australian Institute for Kinesiologists (AIK).

**Pre-requisite:** The pre-requisite for the Diploma of Neuro-Training is the Certificate of Solution Oriented Training (SONT).

**Duration:** This qualification is conducted over 2 years with face to face classes, clinic and home study workbook assignments.

**Outcome:** Neuro-Trainer, Seek Professional Insurance and Work Independently.

### Diploma Modules:

- Activation Certificate
- ASONT
- Blueprint One
- Principles of Recuperation
- Recuperation Clinic
- Innate Intelligence
- Integration
- Client Care Clinic
- Anatomy & Physiology Neuro-Training Style
- Nutritional Alternatives
- \_\_\_\_\_ Core NT Diploma
- Diploma Major Elective
- Diploma Major Elective
- Diploma Major Elective
- Diploma Clinic Module:

=====Diploma of Neuro-Training with a Major of your choice

### Campus Major Options

#### Majoring in Human Excellence

Blueprint Two  
Blueprint Synopsis  
Blueprint Three

#### Majoring in Recuperation

Context of Recuperation  
Neuro-Frequencies  
Pain

#### Majoring in Women's Wellness

Women's Wellness One  
Women's Wellness Two  
Women's Wellness Three

#### Majoring in Behavioural Genetics

Face Traits One  
Face Traits Two  
Genetics One

#### Majoring in Resolving Stress & Trauma

Functional Neuro-Training One & Two  
Emotional Defences  
Yin Yang One

#### Majoring in Universal Energies

Fears, Habits and Beliefs  
Model of Universal Principles  
The 9 Pillars

#### Majoring in Adaptive Neurology

Any Diploma Elective 1  
Any Diploma Elective 2  
Any Diploma Elective 3

### Total Course Commitment

DIP of NT class hours	400
Clinic face to face	56
Case Studies	150
Workbook Self-Study:	309
Total Hours:	915

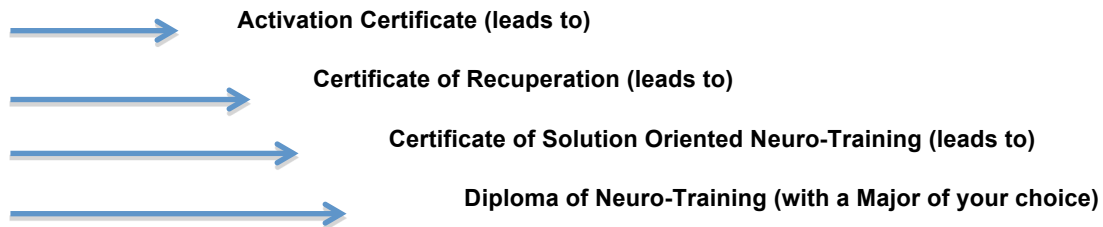
### Fees

Module	Total	Class	Workbook
Activation Cert	\$1030	\$780	\$250
ASONT	\$1225	\$975	\$250
BP1	\$1225	\$975	\$250
POR	\$1225	\$975	\$250
Recup Clinic	\$445	\$195	\$250
Innate	\$1225	\$975	\$250
Integration	\$1225	\$975	\$250
Client Care	\$1225	\$975	\$250
Dip A&P Class	\$1225	\$780	\$445
Dip Nutritional Alt	\$1225	\$975	\$250
Dip Major	\$1030	\$780	\$250
Dip Major	\$1030	\$780	\$250
Dip Major	\$1030	\$780	\$250
Mod Diploma Clinic Final	\$445	\$195	\$250
<b>Dip of NT Total Fees:</b>	<b>\$14,810</b>	<b>\$11,115</b>	<b>\$3695</b>



The Diploma of NT study offers smaller steps to build up to it. It's now become easier to obtain a Diploma of Neuro-Training. Specialized smaller certificates in Neuro-Training are being offered and the benefits of earning as you learn are much more achievable with Neuro-Training through the NT Student Clinic. (Refer to individual campuses for more details). You can see professional insurance and work independently in clinic with the Diploma of Neuro-Training.

The Diagram below shows the steps required to complete the Diploma of Neuro-Training. Students can choose to complete one or more certificates or all of them.



## About Us

The College of Neuro-Training is a Registered Training Organisation (RTO) providing comprehensive training based on our highly successful and sought after Kinesiology and Neuro-Training courses. We have been teaching and researching for over 30 years continuing to bring into our courses advances in neuroscience, kinesiology, naturopathic and homeopathic principles, advanced nutrition and many other modalities.

Our philosophy is founded upon the vision that we have entered an era of global awareness, cooperation and unity, in which Kinesiology and Neuro-Training plays an integral part. We are committed to the expansion of Kinesiology through the expression of individual potential and its purpose to explore and understand the natural laws of recuperation.

The College of Neuro-Training is the only College that presents this unique blend of Kinesiology in a nationally recognised qualification, as well as offering industry accredited but not government recognised qualifications, which enhances your high quality education experience.

The industry approved, non-government recognised Neuro-Training certificate courses offer you the basis of an exciting career as a respected professional in natural therapies, either running your own clinic or working with a team of people in a practice with Neuro-Training.

Our education offers you the opportunity to create artistry in your expression unequalled in any other discipline. The development of Neuro-Training and Kinesiology has been motivated by the needs of thousands of clients demanding there be a better way to overcome their life challenges.

We found that the 'pre-programming' of the nervous system through past experiences was the greatest challenge to making this process complete.

The 'programming' is a direct result of the effect of your accumulated life experiences. Neuro-Training along with Kinesiology is a consequence of finding how to help people reorganise their life experiences and create new supportive conditioning, rather than just focussing on using different techniques.



## Our Campus Trainers

### VICTORIA-

Jennifer Beasley  
College CEO/Director  
Trainer Lilydale



Andrew Verity  
NT Director/Author  
Trainer Lilydale



Jennifer Nelson  
Trainer  
Warragul



### SOUTH AUSTRALIA

Rhonda Hall  
Warragul NT Only



Dana Hookins  
Adelaide – Trainer Flagstaff Hill



### NSW

Nilva van Zeyl  
Trainer Moss Vale



Geraldine Gallagher  
Cammeray NT only



### WESTERN AUSTRALIA

Coleen McClymans  
Perth – Trainer Balcatta



Penny Carrier  
SWWA – Trainer Busselton



## Enrolment

Enrolment is easy with the College of Neuro-Training.

1. **Register for your government Unique Student Identifier (USI)**
2. **Complete the pre-enrolment form**
3. **Attend the pre-enrolment interview – bring completed forms, a copy of your driver's licence, passport and USI**
4. **Complete and sign the enrolment and student agreement form**
5. **Pay your deposit of \$100**

### Not sure how to obtain your Unique Student Identifier?

Please refer to our handbook for detailed instructions

All forms and the handbook are available from your campus trainer or on our website in the student document box on the home page. [www.collegeofneuro-training.edu.au](http://www.collegeofneuro-training.edu.au)

If you are having difficulty locating enrolment forms simply contact your campus trainer.

\* Be sure to send two copies of your pre-enrolment and enrolment forms, one to the head office and one to your local campus if your trainer has not done so already.

## Fees

A deposit of \$100 (non-refundable but transferrable) must be paid at the time of initial enrolment.

This deposit is used toward payment of your first module. You have a ten-day cooling off period from the time you pay your deposit.

Entry for each module is not confirmed until module fees are paid prior to commencement of any module. 100% of module payment is required.

End of course results and/or personal interest attendance certificates can only be issued once all relevant course fees have been finalised.

Any special payment arrangements (payment plan) must be agreed on at the time of enrolment by both campus trainer and the office administration and are offered under special circumstances. An additional administration fee of \$100 for a payment plan will be charged. Any payment arrangements changed or any late payments on the payment plan may incur further administration fees.

Repeating a class is optional at a reduced rate.

## Payment Options

The College of Neuro-Training does not offer VET FEE HELP.

However, we offer different payment options to suit the diverse needs of our students.

### Options include: -

Full payment of module made 14 days prior to commencement of module.

If the module is timetabled over two months: 50% of module cost paid 14 days prior to commencement of module and the balance paid 7 days prior to the second half of the module commencement.

Enrolment fees may be paid by Direct Bank Deposit or credit cards\* (Mastercard, Visa).

\* We do not accept cash.

## VET Funding Assistance

The College of Neuro-training does not offer VET FEE HELP.

## Recognized Prior Learning (RPL) and or study Credit transfers

RPL is the acknowledgement of the skills and knowledge a person has acquired through previous training, work or life experience, which may be used to grant status or credit in a subject or module.

Students are encouraged to submit RPL requests to the College of Neuro-Training for individual consideration.

See *your local campus trainer for enrolment forms* or visit our website. [www.collegeofneuro-training.edu.au](http://www.collegeofneuro-training.edu.au) and download an RPL form from the documents box on the homepage.





## The Diploma of Kinesiology HLT52415

This qualification is made up of a number of units of competency – 13 Core units and 6 Elective units. We have structured our course to integrate these units throughout each of our modules.

### Kinesiology Introduction Module and M1-M2-M3

HLTKIN001	Develop kinesiology practice	Core
HLTKIN002	Conduct indicator muscle monitoring	Core
HLTKIN003	Perform Kinesiology Balances	Core

### Kinesiology Client Clinic 1

CHCCOM006	Establish and manage client relationships	Core (Part 1)
CHCDIV001	Work with diverse people	Core

### M3-M4 –M5 + 1 class in Yr 2

HLTKIN004	Provide Kinesiology Balances	Core
HLTKIN005	Monitor and evaluate client progress	Core

### Kinesiology Client Clinic 2 and 3

HLTKIN005	Monitor and evaluate client progress	Core (Assess)
CHCCOM006	Establish and manage client relationships	Core (Part 2)

### Anatomy & Physiology

HLTAAP003	Analyse and respond to client health information	Core
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### Kinesiology Majors

Choice of Three Kinesiology classes you wish to specialize	Core
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### Nutritional Alternatives

SIRXPDK003	Advise health and nutritional products and services	Elective
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### Nutrition

HLTHPS010	Interpret and use information about nutrition and diet	Core
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### Prac Mang 1

HLTWHS004	Manage work health and safety	Core
HLTINF004	Manage the prevention and control of infection	Elective

### Prac Mang 2

CHCAGE001	Facilitate the empowerment of older people	Elective
CHCCCS001	Address the needs of people with chronic disease	Elective

### Prac Mang 3

CHCLEG003	Manage legal and ethical compliance	Core
CHCPRP003	Reflect on and improve own professional practice	Core

### Prac Mang 4

BSBSMB403	Market the small business	Elective
BSBSMB404	Undertake small business planning	Elective

**Hours 1335 including**

<b>First Aid</b>	HLTAID003 Provide first aid - External	<b>Core and (18)</b>
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### Practicum

**plus additional practicum 358 hours**

### DIP of KINESIOLOGY HLT52415

**TOTAL-1693 hours**

Other elective units for the Diploma of Kinesiology HLT52415 qualification but not offered by the College of Neuro-Training. You may however study these at another Registered Training Organization and RPL as Mutual recognition. Refer to the RPL Application from on our website.

BSBSMB405	Monitor and manage small business operations	Elective
MBSBSMB406	Manage small business finances	Elective
CHCMHS001	Work with people with mental health issues	Elective
CHCPOL003	Research and apply evidence to practice	Elective
CHCPRP001	Develop and maintain networks and collaborative partnerships	Elective
CHCDIS007	Facilitate the empowerment of people with disability	Elective

For more information please contact us on college of [collegeofnt@gmail.com](mailto:collegeofnt@gmail.com) or refer to the home page of our website - [www.collegeofneuro-training.edu.au](http://www.collegeofneuro-training.edu.au). More information about these units in the current Diploma of Kinesiology HLT52415 can be found at <http://www.training.gov.au>



### **Advanced Neuro-Training Classes Offered (Not part of the Diploma of Kinesiology or the Diploma of Neuro- Training and not Government recognised)**

The College of Neuro-Training and Neuro-Training Pty Ltd offer other Neuro-Training classes throughout Australia, South Africa and Europe.

These are in the form of either Activation classes or advanced workshops that combine Kinesiology the neurosciences and Neuro-Training.

These are not government recognised qualifications

#### **Activations**

Activate First Aid  
 Activating Your Executive Brain  
 Balance your Hormones  
 Being Better than Fear  
 Best Digest  
 Candida  
 Care for Birth and After  
 Clean Body  
 Clear Energy  
 Creative Energy  
 Command the Elements  
 Command the Elements  
 Energy Left  
 EnOptics  
 Excel at Sport  
 Face Traits  
 Feed The Glands  
 Food Is Best  
 Freeing the Way  
 Increase Sexual Energy  
 Inner Wisdom  
 Kean, Mean, Mind  
 Life Quality  
 Neuro-Microbiome  
 Neuro-Power Training  
 Life Insight  
 Pain Free Activation  
 Positive Response  
 Prepare Your Fertility  
 Remember to Remember  
 Winning the Immune War

#### **Advanced Neuro-Training**

Adrenals  
 Astro-Neuro-Training  
 Breathing - CO2  
 By the Skin of Your Teeth  
 Clinical Applications  
 Effective Iridology  
 Emotional Patterns  
 Financial Freedom  
 Finger Modes  
 Infused Compulsive Behaviours  
 Keeping Nutrition Legal  
 Physics of Neurology  
 Self Motivated Checking  
 The 12 Senses  
 Time Cycles  
 Vision Insight and Purpose

For more information on the College Neuro-Training or Neuro-Training classes contact:

The College of Neuro-Training or Neuro-Training Pty Ltd

17 Industrial Park Drive, Lilydale Vic. 3140

[collegeofnt@gmail.com](mailto:collegeofnt@gmail.com)

1300 682 655